



ONE IN FAITH Area Catholic Community of

St. Mary - Melrose, Sacred Heart - Freeport

Immaculate Conception - New Munich

St. Rose of Lima - St. Rosa, St. Michael - Spring Hill

St. Andrew - Greenwald, St. John - Meire Grove

Fourth Sunday in Ordinary Time

February 1, 2026

Fr. Daniel Walz, Pastor
Fr. Mitchell Bechtold, Pastor
Fr. Oswaldo Roche, Parochial Vicar

**Melrose - Spring Hill -
Greenwald - Meire Grove Office:**

Hours: Monday - Thursday 8:00 am - 3:00 pm

Friday 8:00 am - 12:00 pm

Office Phone: 320-256-4207

Fr. Mitchell Bechtold: 320-256-9512

mlbechtold@outlook.com

Fr. Oswaldo Roche: 320-256-9513

frosvaldo@stmarysofmelrose.com

Office Email: pam@stmarysofmelrose.com

Faith Formation: faithformation@stmarysofmelrose.com

Website: www.oneinfaith.org

Facebook: Church of St. Mary, Melrose

Mailing Address: 755 Kraft Drive SE

Melrose, MN 56352

Freeport - New Munich - St. Rosa Office:

Hours: Monday - Thursday 9:00 am - 3:00 pm

Friday 9:00 am - 12:00 pm

Office Phone: 320-836-2143

Office Email: triparish@albanytel.com

Faith Formation: faithformation@catholic-centered.org

Website: www.sacredheartfreeport.org

Facebook: Tri Parish

Mailing Address: PO Box 155

Freeport, MN 56331

Bulletin Announcements

Deadline: Tuesday before 9:00 am

Email information to: bulletin@catholic-centered.org

Confession Times

◆Fridays 7:45 am Sacred Heart

◆Saturdays 3:30 pm St. Andrew

◆Saturdays 3:30 pm Immaculate Conception

◆Saturdays 4:30 pm St. Mary

◆Sundays 11:00 am St. Mary

◆Or by appointment. Call the Parish Office.

Marriage

Couples are to begin preparation 6-12 months in advance and **must** call the respective Parish Office **before setting a date.**

*Diocesan Marriage Preparation Classes are required.

Baptism & OCIA

If you are interested in having your child baptized or participating in the OCIA program, contact the respective Parish Office.

Anointing of the Sick **Homebound Communion** **Pastoral Visitation** **Joining/Leaving a Parish**

If you have any of the above or other pastoral needs, please call the respective Parish Office or check the parish websites.



The Call to Beatitude

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: “*Blessed are the poor in spirit, for theirs is the kingdom of heaven.*” Matthew 5:1-3

The Beatitudes call us to the heights of morality and holiness. Those who live according to these divine precepts are blessed beyond measure. The promises to those who live this high calling are great: They become children of God and inherit the Kingdom of Heaven. Furthermore, they receive comfort, satisfaction, mercy, purity, and peace. Though the rewards are great, so are the requirements: spiritual poverty, holy sorrow, meekness, longing for righteousness, a merciful heart, purity, peacemaking, and patient endurance during persecution.

The Beatitudes reveal the culmination of God’s moral teaching and the highest revelation of the Christian life. To fully appreciate their significance, it is helpful to understand the history of moral revelation. Doing so is more than a history lesson on God’s deepening revelation, it also reveals the path for our spiritual journey toward perfection.

Morality begins with the Natural Law—the innate understanding of right and wrong written on the human heart. This Law is from God and is often described as living in accord with right reason or common sense. All people have access to this moral law within their own consciences, enabling them to recognize God as the Creator, honor Him, respect human dignity and the common good, and refrain from acts such as murder, theft, and deception. Though universally present in all people, sin and our fallen human nature cloud our ability to clearly see and follow that law.

In the Old Testament, God slowly revealed Himself and called His people to greater holiness and moral living by adding to the Natural Law through revelation. From Abraham and his descendants, God raised up Moses through whom He revealed the Ten Commandments—a concise moral code rooted in Natural Law but explicitly revealed by God that called His chosen people to right worship, justice, and love for one’s neighbor.

Continued on page 5

ACC MASS TIMES AND INTENTIONS ~ FEBRUARY 2 - 8

ADORATION

ST. MARY - Melrose

Mo 6:30 pm **Misa en Español**
 †Anna Hellermann
 Tu 8:00 am †Erika Taubke-Westerhaus
 We 8:00 am †Deceased members of the Edmund
 & Rose Beckermann Family
 Th 8:00 am †Irene Braun
 *Fr 8:30 am **SM School Mass**
 †Jeffrey Hinnenkamp
 For the People
 Sa 5:00 pm †Beatrice Rademacher
 *Su 9:00 am **Misa en Español**
 †Jose Garcia y Tomasa de la Cruz
 Su 11:30 am

SACRED HEART - Freeport

We 8:15 am **SH School Mass**
 †Rosemary "Rosie" Osendorf
 Fr 8:15 am Paige Wiechman
 Sa 8:00 am **First Saturday Mass**
 †Lawrence, †Laura, & †LaVern Scherping
 Su 8:00 am †Ed Hennen

IMMACULATE CONCEPTION - New Munich

Th 8:15 am †Christina Wochnick
 Sa 4:00 pm †Doreen Feldewerd

ST. ROSE OF LIMA - St. Rosa

Tu 8:15 am †Gerald Arnzen
 Su 10:00 am For the People

ST. MICHAEL - Spring Hill

Tu 8:00 am †Henry & †Ida Schaefer
 Su 10:00 am †Benjamin Gruenes

ST. ANDREW - Greenwald

Th 8:00 am **SJSA School Mass**
 †Dennis Fehn
 Sa 4:00 pm †Robbie Uphoff

ST. JOHN - Meire Grove

We 8:00 am †Maureen Luetmer
 Su 8:00 am †Clarence Schaefer

St. Rose of Lima - St. Rosa

First Tuesday of the month
 7:00 - 8:00 am

Immaculate Conception - New Munich

First Thursday of the month
 7:00 - 8:00 am

St. Mary - Melrose

First Thursday of the month 6:30 pm
 in Spanish (en Español)
 and
 Saturdays, 8:00 - 9:00 am

Sacred Heart - Freeport

Adoration is suspended
until further notice due to painting
of the interior of the church.



*Mass will be livestreamed. Visit: oneinfaith.org for the YouTube link.

ONE IN FAITH AREA CATHOLIC COMMUNITY NEWS

Parish News:

~ St. Mary ~ St. Michael ~ St. Andrew ~ St. John ~

• **Blessed Palm Branches** may be dropped off at the parish office. They will be burned and the ashes will be used on Ash Wednesday.

One In Faith ACC Employment Opportunity...

WE ARE HIRING
JOIN OUR TEAM
 • **Part-time Bilingual Administrative Assistant**
 St. Mary's Parish is looking for a part-time Bilingual Administrative Assistant to provide administrative and clerical support, assist with communications, and serve as a friendly, welcoming first point of contact for parishioners and visitors—both in person and by phone. Fluency in Spanish and English is required to support our diverse and vibrant Catholic community. To learn more or apply, please contact the parish office.

Go and Make Disciples Everyone in grade 11 through adult is invited to a monthly Faith Formation event from 7:00 - 8:30 pm in Sacred Heart School in Freeport. We will have snacks and discuss various Catholic topics. Our next gathering will be on Wednesday, February 11. Come and bring a friend for a fun filled faith enrichment night.

2026 Catholic United Financial Catholic Schools Raffle is underway and will continue through February 24. New feature this year is that all the prizes (total of \$30,000) will be cash prizes. The Grand Prize is \$20,000 followed by \$5,000 and \$1,000. The remaining will be several \$500 and \$100 prizes. Tickets are just \$10 each! In our ACC, Sacred Heart School is participating in the raffle, and tickets are available in the Sacred Heart School office or from any Sacred Heart School family. Tickets will be sold after Masses in the Tri-Parish beginning February 7-8.

BINGO Please join the Tri-Parish Confirmation Class on Sunday, February 22 at Immaculate Conception Church Basement for Bingo. Free lunch from 12:00 - 1:00 pm with a purchase of a card. Bingo will start promptly at 1:00 pm. Cash prizes. \$10 per card for 20 games plus 2 black-out games. No checks or credit cards please. Recipients of the proceeds will be announced at a later date.

Parish News:

~ Sacred Heart ~ Immaculate Conception ~ St. Rose of Lima ~


• **Candlemas...** There are candles available in the front of church for use in your homes. Donations are accepted.
 • **Anointing of the Sick** will take place at the weekend Masses on February 7/8. For those that would like the laying of hands for this anointing, please sit in the front few pews.



Marriage Encounter A "perfect marriage" is simply two imperfect people who learn to celebrate their differences! A perfect Valentine gift is making time for each other! Plan to attend the February 14-15 Marriage Encounter to deepen your love. Weekends are held at Mt. Olivet Retreat Center in Farmington. Register at: www.marriages.org If you have any questions, please call Mary at: 651-454-3238.

Lenten Series Technology and Our Mental Health Looking Through the Lens of Our Faith Hosted by the St. Frances Xavier Health & Wellness Team in Sartell. Guest Speaker Bethany Tollefson DNP, MSN, RN, PHN. On the evenings of Thursday, March 12, 19, and 26. The evening will begin with the optional soup and sandwich dinner from 5:30 - 6:00 pm and conclude with the speaker from 6:00 - 7:00 pm. All are welcome! Join us for one or all of the nights. Free will offering will be accepted for dinner. St. Francis Xavier gathering space 219 2nd Street S., Sartell, MN. Sign up by calling Sandee Kremers 320-252-1363 or skremers@stfrancissartell.org.

Reboot A Life-Changing Event

This high-energy, 2-hour event with  **real life catholic** internationally acclaimed speaker Chris Stefanick will awaken your faith, reignite your joy, and equip you with tools to live the life God created you for: A life of JOY! It will help you rediscover the JOY you were created for, and is perfect for everyone... even friends, family, and children (12+) who may not be actively practicing their faith. Please join us at Wadena Memorial Auditorium in Wadena, MN from 7:00 - 9:00 pm on Wednesday, February 11, 2026. To purchase tickets please visit <https://buytickets.at/reallifecatholic/1765324>

CHURCH OF ST. MARY

*Physical Address: 755 Kraft Drive SE
Melrose, MN 56352*

◆◆◆◆◆◆◆◆◆◆ **Weekly Offerings** ◆◆◆◆◆◆◆◆◆◆

Total.....	\$9,986.00
Regular Adult Offering	8,613.00
Plate/Loose	962.00
Designated Funds	411.00

St. Mary's Calendar Raffle

01-25	\$25	Janet & Ron Zitzow, Grey Eagle
01-26	\$25	Mary Pfannenstien, Melrose
01-27	\$25	JoAnn Nieland, Melrose
01-28	\$50	Kent Brown, Melrose
01-29	\$25	Jim Rademacher, Melrose
01-30	\$25	Addison Maus, Melrose
01-31	\$25	Dale & Lisa Middendorf, Sauk Centre



Welcome to Our Parish... Please join us in welcoming Mikenzie Gessell to our parish!

Parish Finance was moved to Wednesday, February 4, at 5:30 pm.



Adoration Join us at St. Mary's every Saturday for Adoration of the Blessed Sacrament from 8:00 to 9:00 am. Confessions are typically available during this time, and everyone is welcome to attend.

Prayer Requests...

Please call the parish office to be added to this list.

Banns of Matrimony:

III Miya Jordan♥Zachary Thell, 2-7 M

For the Sick: Dorothy Schneider, Len Frieze, Dave Humbert, Fr. Roger Klassen, Michelle Russel

Contact Persons for Prayer Line Requests:

Sacred Heart: <i>Judy Caveny</i>	320-248-8830
Immaculate Conception: <i>Bernice Zink</i>	320-837-5321
St. Rose of Lima: <i>Kayla Harren</i>	320-333-8461
St. Michael: <i>Sharon Schulzetenberg</i>	320-248-7702
St. Mary's	320-256-3878

**Public Rosary...**

**We have much to pray for and even more to be thankful for.
All are invited and welcome!**

St. Mary, Melrose

- Tuesday: 7:00 am
- Wednesday: 1:00 pm
- Thursday (Spanish): 6:30 pm
(Except the 1st Thursday)

Sacred Heart, Freeport

- Wednesday: 7:45 am
- Friday: 7:45 am
- Sunday: 7:30 am

**Immaculate Conception,
New Munich**

- Thursday: 7:45 am
- Saturday: 3:30 pm

St. Rose of Lima, St. Rosa

- Tuesday: 7:45 am
- Friday: 7:30 pm
- Sunday: 9:30 am

St. Michael, Spring Hill

- Tuesday: 7:30 am
- Sunday: 9:30 am

St. Andrew, Greenwald

- Thursday: 7:40 am
- Saturday: 3:40 pm

**St. John the Baptist,
Meire Grove**

- Sunday: 7:30 am
- Monday: 7:00 am

CHURCH OF THE SACRED HEART

*Physical Address: 106 3rd Avenue NE Freeport, MN 56331
Church Basement 320-836-2191*

◆◆◆◆◆◆◆◆◆◆ **Weekly Offerings** ◆◆◆◆◆◆◆◆◆◆

Total.....	\$10,188.54
Regular Adult Offering	9,071.54
Plate	232.00
Votive	30.00
Church Painting	50.00
Building/Maintenance	75.00
School Support	140.00
Immaculate Conception	15.00
SHS Endowment	50.00
Easter	100.00
Thanksgiving	100.00
Christmas	100.00
Central MN Catholic Magazine	25.00
Catholic Relief Services	15.00
Solemnity of Mary	20.00
Rice Bowl	20.00
Holy Land	15.00
All Souls	10.00
Easter Flowers	10.00
Catholic Home Missions	25.00
All Saints	10.00
Ascension	10.00
Christmas Flowers	15.00
Peter's Pence	15.00
Assumption	15.00
World Mission Sunday	20.00

Parish Events

Mo	02/02	Church Painting Continues
Tu	02/03	2:45 pm SHS Strings Practice
We	02/04	5:30 pm Faith Formation Youth Service Night
Th	02/05	3:00 pm Girl Scout Meeting
Fr	02/06	7:45 am Individual Confessions
Fr	02/06	NO Adoration
Sa	02/07	8:00 am First Saturday Mass



Embroiderers Needed If you enjoy embroidering or appliquéing, the festival quilting group would like assistance with dish towels. You can stop at the Tri-Parish Office entryway and pick up a packet to complete and return. The packets will have 7 dish towels and applique patterns. Please sign the towels out and return to the parish office when complete. Thank you!



CHURCH OF IMMACULATE CONCEPTION

Physical Address: 650 Main Street
New Munich, MN 56356
Church Basement 320-837-5217

♦♦♦♦ Weekly Offering ♦♦♦♦

Total.....	\$2,317.08
Regular Adult Offering.....	1,789.33
Plate	225.25
Votive	180.00
Building/Maintenance.....	57.50
Solemnity of Mary Envelopes	10.00
Thanksgiving	55.00

Parish Events

Mo 02/02 6:30 pm Christian Women Meeting
We 02/04 5:30 pm FF Youth Service Night - FR
Th 02/05 7:00 am Adoration
Sa 02/07 3:30 pm Individual Confessions

Christian Women Meeting St. Ann's Christian Women will meet on Monday, February 2 at 6:30 pm in the Gathering Space. All members are welcome to attend.

God's Housekeepers for the month of February: *Mary Zink, Bernie Holdvogt, Doris Rieland, Tatum Holdvogt, Emily Smith, and Paula Schwieters. The first person on the list should contact the others to schedule a cleaning time. Thank you for being "God's Housekeepers" for our church this month.

CHURCH OF ST. ROSE OF LIMA

Physical Address: 28905 County Road 17
St. Rosa, MN 56331
Church Basement 320-836-2537

♦♦♦♦ Weekly Offering ♦♦♦♦

Total.....	\$3,525.46
Regular Adult Offering.....	3,126.46
Plate	304.00
Building/Maintenance	50.00
Central MN Catholic Magazine ...	25.00
Solemnity of Mary Envelopes	20.00

Parish Events

Tu 02/03 7:00 am Adoration
Tu 02/03 9:00 am Quilting
We 02/04 5:30 pm FF Youth Service Night - FR
Fr 02/06 7:30 pm Rosary
Su 02/08 11:00 am Baptism

Vice President Needed The St. Rose Christian Women are still in need of a Vice President. Please thoughtfully consider signing up for this 2 year term.



Quilting has begun in the church basement. All are welcome. Lunch provided. We will likely be quilting well into April.

CHURCH OF ST. MICHAEL

Physical Address: 102 St. Michael Avenue N.
Spring Hill, MN 56352
Church Basement 320-987-3405

♦♦♦♦ Weekly Offering ♦♦♦♦

Total	\$2,166.50
Regular Adult Offering.....	1,385.00
Children50
Plate/Loose	143.00
Fuel Fund	283.00
Maintenance Fund	355.00

Liturgical Ministries

Sunday, February 8 - 10:00 am

(S) Lukas Kalthoff & Noah Terres
(L) Pete LeClaire
(U) Nick Waldorf & Bob Welle
(EM) (B) Darlene Schoenberg
(EM) (C) No Precious Blood
(Sacristan) Lisa Feldewerd
(RL) Kathy Welle
(CC) Chico Welle & Steve Welle
(HK: January 25 - February 7)
Jennifer Wilson, Samantha Welle, & Lisa Wuertz



Visiting Homebound
St. Michael's Catholic United Financial will be visiting homebound from our community on Sunday, February 1. For anyone that would like to join us, we will be meeting at the church after Mass at 11:00 am and plan to leave shortly after that.

HAPPENINGS AROUND THE AREA

Look for more information about these and other events in Central Minnesota Catholic Magazine or Local Paper or Online

February 1, Sunday

♦ **All You Can Eat Breakfast** Hosted by the Sauk Centre Lions. Serving at the Sauk Centre Senior High School Cafeteria from 8:00 am - 1:00 pm. Proceeds go toward community projects.

♦ **Church of St. Augustine Parish Breakfast** 106 Wilson Ave SE, St. Cloud, MN. Serving from 7:30 am - 12:00 pm. Adults \$12, Youth (5-12) \$7, 4 and under free.

♦ **Holy Spirit Parish's Bouja Fundraiser** A healthy, meaty, vegetable stew - ready to serve! \$20 per gallon, \$10 per half gallon. Pre-purchase tickets: Holy Spirit website: spiritand-saints.org, Holy Spirit Parish office: 2405 Walden Way, The Boot Shack: 2221 Roosevelt Rd (the week prior) and The Bouja Shack: 1615 - 11th Ave. S. St. Cloud, Saturday mornings from 7:30 am - 9:00 am prior to each "Bouja Sunday" and "Bouja Sunday" beginning at 7:00 am until sold out. Drive-thru pick-up Bouja Sunday at The Bouja Shack from 8:30 am - 11:00 am. Gift certificates are available at the parish office. For more information call 320-251-3764.

February 8, Sunday

♦ **All You Care to Eat Breakfast** at Holy Spirit Church 2405 Walden Way, St. Cloud, MN. Serving from 8:00 am - 12:00 pm. Adults \$12. Ages 5-12 \$6. Children 4 and under are free.

February 10, Tuesday

♦ **Blood Drive** at the Freeport Community Center from 12:30 - 6:30 pm. Please call Janet Butkowski at 320-836-2837 or 320-282-2904 or visit RedCross.org to schedule an appointment.

February 15, Sunday

♦ **Albany Legion Smorgasbord Breakfast** at Church of Seven Dolors Parish Hall. Serving 8:00 am - 12:00 pm.

**One In Faith ACC Catholic Schools
Dinner & Auction Fundraisers**

♦ **35th Annual Steak & Wine Dinner & Auction** to support St. John's - St. Andrew's Catholic School will be Saturday, February 7, at The Greenwald Pub. The dinner will be served from 5:00-8:30 pm and the auction starts at 8:30 pm. Tickets cost \$35 and are now available at the school, Meire Grove Gas & Grocery, Freeport State Bank in Greenwald, as well as the night of the event at the Pub. Donny Brang will be playing live music at the event. Dinner choices are walleye, steak, or chicken cordon bleu with rice, all served with baked potato and salad bar.



♦ **The 24th St. Mary's Annual Auction 4 Education** will be held on Saturday, March 7, at the American Legion in Melrose. Doors open at 5:00 pm. The night will start with a game of Family Feud. A free-will offering meal will be served from 5:00-8:00 pm. Pot O' Gold \$100 Raffle tickets can be purchased after Masses and are available at St. Mary's School & Parish Office, All Stars Sports Bar & Grill, Freeport State Bank - Melrose, Hennen Lumber, Kraemer Lumber, Magnifi Financial - Melrose, Melrose Bowl, Some Like It Hot, and St. Rosa Lumber. Winners will be drawn on Saturday, March 7 at the Legion. We will again use our online platform to bid for silent auction items, while the classroom projects will be auctioned live in person at the Legion. Please come dressed in your best Shamrocks and Shenanigans outfit. Visit our auction website for more details.

**Join us at each of these fundraisers
for a great meal and lots of fun.
All are welcome!**



**4 AUCTION
EDUCATION**

Tickets \$100 Each

Only 1,000 tickets sold

Drawing will be held on **Saturday, March 7, 2026 @ 7:00 pm**
LIVE at the Melrose Legion and on the St. Mary's Facebook
Page: **facebook.com/smsmelrosemn**

Must be 18 years of age or older to win. Winner is responsible for any applicable fees or taxes.

: \$20,000 GRAND PRIZE :

2nd Prize: \$3,000



3rd Prize: \$2,000

4th Prize: \$1,000

5th Prize: \$500

6th Prize: \$500

7th Prize: \$500

8th Prize: \$500

9th Prize: \$500

10th Prize: \$500

11th Prize: \$250

12th Prize: \$250

13th Prize: \$250

14th Prize: \$250

15th Prize: \$250

16th Prize: \$250

17th Prize: \$250

18th Prize: \$250

19th Prize: \$250

20th Prize: \$250

21st Prize: \$250

22nd Prize: \$250

Permit # 01053-001

Permit # 01053-001

Permit generously provided by
the Melrose American Legion

ORDER FORM - clip and return to St. Mary's School

320 5th Ave. SE Melrose, MN 56352

Tickets By Mail Deadline

February 21, 2026

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Number of tickets wanted: _____ x \$100 = \$ _____ (amount enclosed)

Make checks payable to Melrose American Legion

☐ I do not need my ticket stub. ☐ Mail me my ticket stub. ☐ Text me an image of my ticket stub at: _____

Data rates may apply

Proceeds Benefit St. Mary's School, Melrose, MN

Tickets also available at: St. Mary's School & Parish Office, All Stars Sports Bar & Grill, Freeport State Bank - Melrose, Hennen Lumber, Kraemer Lumber, Magnifi Financial - Melrose, Melrose Bowl, Some Like It Hot, and St. Rosa Lumber

CHURCH OF ST. ANDREW

Physical Address: 211 W 2nd Avenue N.
Greenwald, MN 56335
Church Basement 320-987-3160

◆◆◆◆ Weekly Offering ◆◆◆◆

Total	\$1,789.00
Regular Adult Offering	655.00
EFT	850.00
Plate/Loose	162.00
Votives	22.00
Fuel Fund	100.00

Liturgical Ministries**Saturday, February 7 - 4:00 pm**

(S) Noah Dehmer
(L) Herman Lensing
(U) Dave Nathe & Daniel Nietfeld
(GB) Eric & Sara Dehmer
(EM) (B) Clarine Beier
(EM) (C) No Precious Blood
(HK - February) *Amy Frieler, Betty Frieler, Kathy Gilk, & Linda Heinze

Died in the Hope of Resurrection...

Joyce Bertram, 72

Thank You to everyone who helped decorate our church for Christmas. We have had a good crew over the years, and your hard work is greatly appreciated! The decorations make the church look beautiful! Also, thank you to the elves who put up the nativity scene outside.

*The Call to Beatitude*

Cont'd. from page 1

Through the prophets—such as Isaiah, Jeremiah, and Ezekiel—God called Israel to move beyond mere external observance of the law to an interior conversion of heart. Isaiah emphasized the virtues of justice and mercy, Jeremiah prophesied a new covenant in which God's law would be written on the hearts of His people, and Ezekiel promised that God would give His people a new heart and a new spirit, enabling them to follow His statutes.

The wisdom literature—Psalms, Proverbs, Ecclesiastes, Wisdom, Sirach—deepened the understanding of moral life by revealing moral gifts, such as the Fear of the Lord, the blessedness of righteousness, and the call to trust in God's providence and live a virtuous life.

The Beatitudes elevate all laws of the Old Covenant. Jesus not only calls us to profound holiness, He also provides the means to achieve it through His Sacrifice, transmitted through the grace of the Sacraments. To live the Beatitudes is to live in imitation of Christ, who perfectly embodied all virtues in His life, Passion, and Resurrection. Hence, the Beatitudes are not only a moral code we must follow, they are a participation in and union with the Son of God, Who lived the Beatitudes to perfection.

As we ponder the Beatitudes, reflect today on their high and glorious calling, as well as their rewards. Sometimes, reading the Beatitudes can leave us discouraged, as we are aware of how far we are away from perfecting them. Dispel discouragement and know that these new divine precepts are attainable by grace. Set your eyes on the heights of perfection and open yourself to the abundant grace offered. Doing so will not only result in glorious spiritual rewards in this life, it will also result in the greatest eternal rewards in Heaven.

Lord of perfection, You lived the Beatitudes to the fullest during Your life on earth and continue to manifest those perfections from Heaven. Please open my heart to Your grace and fill me with Your Holy Spirit, so that I may answer the call to the new and glorious moral state to which I am called. Empower me to live fully immersed in and guided by Your Sacrificial Love. Help me to inspire others to embrace this path of holiness, so that we may journey together toward the eternal joy of Your Kingdom. Jesus, I trust in You.

mycatholic.life

CHURCH OF ST. JOHN

Physical Address: 20 State Highway 4 S.
Meire Grove, MN 56352
Church Basement 320-987-3631

◆◆◆◆ Weekly Offering ◆◆◆◆

Total	\$3,516.00
Regular Adult Offering.....	3,295.00
EFT	140.00
Plate/Loose	65.00
Votives	16.00

Liturgical Ministries**Sunday, February 8 - 8:00 am**

(S) Faith Meyer & Grace Meyer
(L) Char Meyer
(U) Daryl Zenzen & Chad Funk
(GB) Gary & Irene Marthaler
(EM) Karl Meyer & Sue Meyer
(HK - February) *Sue Meyer, Geri Meyer, Heidi Meyer, Karen Meyer, Martha Meyer, & Rita Meyer

Bake Sale & Bingo Sunday, March 22, at St. John the Baptist church. Bake Sale immediately following the 8:00 am Mass. Bingo starts at noon - \$15 for 20 games; prizes include turkeys, hams and cash. Lunch starting at 11:00 am included in the cost of Bingo. Raffle drawing: Tickets \$20 each; Grand prize = \$2,000

HISPANIC MINISTRY**Festival de Familias:**

Acompáñenos en St. Francis Xavier en Sartell el 22 de febrero, de 9:00 am a 3:00 pm, para un día de diversion y aprendizaje familiar. Los padres elegirán las sesiones de trabajo mientras los niños y adolescentes participan en su propio aprendizaje. Después, padres e hijos se reunirán para disfrutar de actividades con toda su familia. Disfruten del día juntos mientras celebramos nuestra fe católica. Inscriban a su familia por solo \$25 en: <https://stcdio.org/event/2026-festival-of-families/>

Habrá Adoración al Santísimo cada Primer Jueves del Mes a las 6:30 pm.

One in Faith ACC Schools Gift Card Programs

A gift card rebate program that allows you to purchase your everyday items with gift cards and earn money for our area Catholic schools without paying any extra money!

A percentage of each gift card will be donated back to the area Catholic schools. Each school has a variety of local and national gift cards available to purchase.

**Stewardship as a Way of Life:**

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3

The phrase "poor in spirit" can be confusing. Think of it in this sense – poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.



FAITH FORMATION

Freeport, New Munich, St. Rosa:

Contact Information:

faithformation@catholic-centered.org

• **Grades 1-6: No class** Wednesday, February 4. Next class Wednesday, February 11, from 6:00-7:00 pm.

• **Grades 7-10: No class** Wednesday, February 4. Next class Wednesday, February 11, from 7:00 - 8:30 pm.

Service Project (Grades 7-12):

• **Casino Night** at Tree of Life Assisted Living in New Munich. Wednesday, February 4 from 5:30 - 7:30 pm. Transportation will not be provided.

Melrose, Spring Hill, Greenwald, Meire Grove:

Contact Information:

faithformation@stmarysofamelrose.com

• **Grades 1, 3-6: Roseview Manor Service Project** - game night with the Roseview residents. Sign up for 1.

• **Grades 9/10: Next class:** Wednesday, February 4, St. Mary's Church, 7:15-8:30 pm. Topic: What is Incarnation?

• **Confirmation: Next class:** Wednesday, February 4, St. Mary's Church, 7:15-8:30 pm. Topic: Where is the Holy Spirit in my life? Students and mentor/sponsor.

YOUTH MINISTRY

One in Faith ACC Youth Ministry:

Contact Information:

youthministry@catholic-centered.org or
faithformation@stmarysofamelrose.com

♦ **Skiing at Andes Tower Hills** February 8 from 9:30 am-5:00 pm.

Departure from Sacred Heart Church parking lot at 9:30 am. We look forward to seeing all those signed up on Sunday, February 8!

♦ **Castaway Retreat** for Grades 9-12: Friday, March 20 through Sunday, March 22, 2026, at the Castaway Club in Detroit Lakes, MN. Castaway has been an energizing experience for our young Church in the Diocese of St. Cloud for over 50 years. This retreat is a weekend filled with powerful prayer, fun skits, inspirational speakers, awesome music, an incredible Mass, and many faith-growing opportunities. Come together with over 300 others and make new friends, take time to relax, laugh, eat fantastic food, and renew your spirit while strengthening your relationship with God. Cost is \$210 through Friday, February 13, and \$230 after that. To register, please turn in a Youth Interest Form along with a \$110 non-refundable deposit. Forms are available in the churches and on the parish websites. Space is limited so contact either parish office if you are interested in attending to make sure there is space.

ONE IN FAITH ACC NEWS CON'T FROM PG 2

One In Faith ACC Pastoral Council Meeting The One In Faith Pastoral Council will meet Tuesday, February 10 at 7:00 pm at the Church of St. Mary, Fireside Room. If you are wanting to be added to the agenda please contact Lisa Wuertz at 320-219-3624 or plwuertz@meltel.net before Monday, February 9.

Hearts of Mercy - Bishop's Annual Appeal: The 2026 Appeal launches soon.

• **Announcement Weekend is February 7 - 8:**

You will receive bulletin inserts highlighting diocesan ministries and be asked to consider a gift to support these ministries on Commitment Weekend.

• **Commitment Weekend is February 14 - 15:** This is your opportunity to support diocesan ministries with a 2026 gift to the appeal. You may bring the envelope you receive in the mail or use a response envelope that will be provided at Mass. Both will be gratefully received in the offertory.



Calling All Young Men Grades 9-12 for an Andrew Dinner:

Young men grade 9-12 are invited to join the bishop and area priests on February 26 in learning more about what the life of a priest is like. There will be time for prayer, games, and tons of food! Invite your own priest to join you and please consider attending. You can sign up at the bottom of our vocations page: <https://stedio.org/vocations/>.

Marriage & Natural Family Planning: Faithfully Yours:

Discover Natural Family Planning (NFP)! NFP cooperates with nature and God's plan for married love. The Billings Ovulation Method is a natural, highly effective method for postponing or achieving pregnancy without the use of drugs or devices. A First Instruction in the Billings Ovulation Method will be offered in Sauk Centre on

Thursday, February 19 at 6:30 pm at St. Paul's Church or CentraCare Health – Sauk Centre Hospital. For more information, or to register, contact Jill and Isaac Uphus at uphus.nfp@gmail.com or 320-290-8751. The class is approximately 1½ to 2 hours long. *Note: Most insurance plans cover the cost of NFP Instruction and follow-up!



Catholic Men's Conference 2026

February 28, 2026 8:30 am - 4:30 pm, St. John's University in Collegeville. Keynote speaker: Craig Gould, M.A., Program Director, Notre Dame Vision. Workshops will be available, including topics for young adults ages 15 and up. Cost: \$40 or \$35/each for groups of 5, includes morning refreshments and lunch. Cost for young adults ages 15 - 22: \$10, scholarships available for the first 50 registrants. Registration deadline: Tuesday, February 17, 2026. Visit <https://stedio.org/event/catholic-mens-conference-2026/> to register or for more information. You can also contact Jan at 320-258-7615 or jan.zylla@gw.stedio.org.

Diocesan Festival of Families:

Join us at St. Francis Xavier in Sartell on February 22 from 9:00 am - 3:00 pm for a day of family fun and learning. Parents will choose which breakout sessions to attend while children and teens are engaged in their own learning. Then parents and children will reunite for whole family activities! Enjoy the day together while celebrating our Catholic faith. Register your family for only \$25 at: <https://stedio.org/event/2026-festival-of-families/>.



Lenten Retreat

A great New Year resolution is to TAKE time for yourself. Take time now and register for a Lenten Retreat. The upcoming Lenten Retreat "*Praying for the Prodigal*" will be held Saturday, March 14, 2026, at Assumption of the Blessed Virgin Mary Church in Morris, MN and includes speakers, Jason Prigge and Roxane Salonen, the Chaplet to St. Monica, Mass, and of course, lunch. Fee is \$25 by Monday, March 2 or \$30 at the door. Feel free to invite your spouse and friends.

Life Awareness

is a retreat program for single Catholic women and men, ages 18-30, interested in learning more about serving our Church and world as future priests, deacons, religious sisters and brothers, and lay ministers/missioners. Join us from Friday, February 20 through Saturday, February 21 at Saint Benedict's Monastery in St. Joseph, MN, as we explore this question and others together in Christ's company. Please register by Wednesday, February 18 at <https://sbm.osb.org/community/vocations/life-awareness-retreat/> For more information, contact Sister Laura Suhr at lsuhr001@csbsju.edu or 320-363-7100.

CATHOLIC SCHOOLS NEWS



PASTOR: Fr. Dan Walz
PRINCIPAL: Kristie Harren
ADMINISTRATIVE ASSISTANT:
 Amy Van Beck
SHS BOARD:

Myranda Beuning, Bethanie Ettle,
 Ben Kalthoff, Tamara Welle,
 Lindsay Frieler, and Chris Klaphake

www.shsfreetport.org School Phone: 320-836-2591
 Toddler Center Phone: 320-836-2585



PASTOR: Fr. Mitchell Bechtold
PRINCIPAL: Autumn Nelson
ADMINISTRATIVE ASSISTANT:
 Briana Worms
SMS BOARD:

Jenn Lubarski, Cindy Hemmesch,
 Jake Primus, Pat Christenson,
 Lindsey Gruber, and Greta Rademacher

Phone: 320-256-4257
 www.smsmelrosemn.org



PASTOR: Fr. Mitchell Bechtold
PRINCIPAL: Mary Miller
ADMINISTRATIVE ASSISTANT:
 Kristen Pattinson
SJSA BOARD:

Amber Bueckers, Kathy Gilk, Adam
 Kalthoff, Kate Kelzer, Heidi Meyer,
 Trista Roelike, and Jenny Wilson

Phone: 320-987-3133
 www.sjsaschool.org

♥**Annual Report** Sacred Heart School is excited to share its 2025 Annual Report. Please check the link below to review the year and to learn about the different events that took place. It was an amazing year of growth and financial stability as we continue to prepare for the future.
<https://docs.google.com/document/d/1TEwrSTTgdSyn7icXomYRydYrIsQbPs8zdHm8qtvwRa4/edit?usp=sharing>

♥**Thank You** to everyone that attended and supported our 31st Annual Wine and Dine dinner and auction on Saturday! We appreciate all of your support! We had a great night and a nice crowd for the dinner and auction. Preliminary numbers look great and we will share as soon as we have all expenses in.

♥**Our Catholic United Financial Fundraiser** will start up next week! 100% of the proceeds of these tickets go right back to SHS! Please contact a Sacred Heart family or the school to get your ticket today. \$10 per ticket.

LOOKING AHEAD:

♥**No School** on Friday, February 13 and Monday, February 16

♥**Ash Wednesday Mass** on February 18

♥**Long Lake** for our 6th graders February 18 through February 20.

♦**St. Mary's School Received a Check** from Arvig for \$982 through its School Partnership Program. Arvig donates \$1 monthly to the local school of your choice if you're an Arvig internet customer. If you haven't signed up, please do so at <https://arvig.com/supportyourschool/>.

♦**Registration for Preschool-6th Grade** will begin in early February for current SMS families and in early March for those families not currently enrolled at SMS.

♦**Attend our Winter Open House** for preschool through 6th grade on Monday, March 2, from 5:00 - 7:00 pm and discover the benefits of Catholic education. Please RSVP using the QR code.



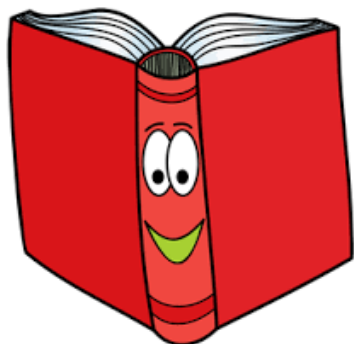
♦**Registration for the 2026-2027 School Year** is now open. We have completed pre-registration for our current families. If your family isn't currently attending SJSA but are considering sending your child to St. John's - St. Andrew's, please contact the school at 320-987-3133 for registration information.

♦**SJSA Offers a Full-Day Preschool** Mondays, Wednesdays, and Fridays for children ages 3-5. For more information on our preschool or to register for next school year, please call the school at 320-987-3133.



Sacred Heart School Calendar Raffle Winners!

01/25 \$25 Lester Sand - Freeport
 01/26 \$25 Henry Arnzen - Melrose
 01/27 \$25 Kim & Dan Swanson - St. Cloud
 01/28 \$25 Jenny Grieve - Glyndon
 01/29 \$25 Bethany Worms - Albany
 01/30 \$25 John & Yvonne Beste - Freeport
 01/31 \$25 Glenn & Terri Fleischhacker - Albany



The Scriptures This Week Year A, Weekdays - Cycle II

Mo	The Presentation of the Lord (Feast) Mal 3:1-4	Heb 2:14-18	Lk 2:22-40 or 2:22-32
Tu	Weekday (Saint Blaise, Bishop and Martyr; Saint Ansgar, Bishop) 2 Sm 18:9-10, 14b, 24-25a, 30—19:3		Mk 5:21-43
We	Weekday 2 Sm 24:2, 9-17	Mk 6:1-6	
Th	Saint Agatha, Virgin and Martyr (Memorial) 1 Kgs 2:1-4, 10-12	Mk 6:7-13	
Fr	Saint Paul Miki and Companions, Martyrs (Memorial) Sir 47:2-11	Mk 6:14-29	
Sa	Weekday (BVM) 1 Kgs 3:4-13	Mk 6:30-34	
Next Sunday - Fifth Sunday in Ordinary Time			
	Is 58:7-10	1 Cor 2:1-5	Mt 5:13-16

 <p>KRAEMER Heating & A/C LLC "We're Family, Not A Franchise"</p>	<p>"Services adaptable to your needs"</p> <p>WealthCare Inc. Bookkeeping • Payroll • Tax Advisory • Insurance www.wealthcare-inc.com</p> <p>Eden Valley Cold Spring Melrose 101 Stearns Ave. E. 210 Main Street 306 E Main St. Eden Valley, MN 55235 Cold Spring, MN 55003 Melrose, MN 56352 (320) 453-7070 (320) 685-7070 (320) 256-7070</p>	 <p>PATTON & SCHAD FUNERAL & CREMATION SERVICES Honoring Life's Memories 256-4249 Linda Holm, owner/operator</p>	<p>Paul Kollmann Monument (320) 363-4571 25% off per 1 transaction Top Quality Products / Please contact me for free Consultations Competitive & transparent pricing paulkollmann.com</p>	 <p>FREEPORT STATE BANK Freeport • Melrose • Greenwald www.freeportstatebank.com</p> <p>Freeport 836-2126 Melrose 256-7208 Greenwald 987-2265</p>	
<p>ST. ROSA LUMBER INC. ARNZEN CONSTRUCTION, INC. AGRICULTURE • COMMERCIAL • RESIDENTIAL Residential - Commerical - Agricultural 320-836-2284 29033 Co. Rd. 17, Freeport</p>		<p>RJ's Country Store St. Rosa BAIT * GAS * ATM GROCERIES</p>	<p>Creekside WOODWORKS LLC CABINETS • TRIM • FURNITURE</p>	<p>ADVERTISE HERE</p>	<p>Building Relationships Since 1958 BEHIND EVERY PROJECT IS A True Value. KRAEMER LUMBER CO., INC.</p>
<p>ADVERTISE HERE</p>	<p>Freeport Lions Club BAR BINGO / MEAT RAFFLE Saturdays November - March Freeport MN Lions Club</p>	<p>BILL KEMPER EXCAVATING BASEMENTS • WATER LINES • SEPTIC SYSTEMS • EXCAVATING • PERC TEST & DESIGN • GRAVEL • SEWER & WATER 320-256-3982 320-250-2068</p>	<p>YOUR TRUSTED INSURANCE TEAM Call for a bundle quote today!</p> <p>Kyle Holm, Agent Kyle Holm Agency LLC HOME AUTO LIFE BUSINESS FARM & RANCH</p>	<p>AMERICAN FAMILY INSURANCE Insure carefully, dream fearlessly. 320-256-3494 408 E Main St Ste 2 Melrose, MN 56352</p>	<p>ALL STARS Sports Bar & Grill 320-836-2154</p>
<p>Hoeschen Auto Complete Auto Repair Specialists Dan Hoeschen, Owner • 320-836-2130 In business since 1980 and many other brands!</p>	<p>Spanier/Nathe Cabinets Custom Made Cabinets for your whole house Mike Nathe cell: 320-290-0505 35428 County Road 13 • Melrose, MN 56352 320-256-3985</p>	<p>MAGNIFI FINANCIAL</p>	<p>FREEPORT COMMUNITY CENTER FOR HALL RENTAL CALL 320-836-2526</p>	<p>TREE WORKS Nolan Sand Melrose, MN 320-429-0606</p>	<p>Klaphake FEED MILL INC. MELROSE, MN Proud to be a part of the Ag Industry</p>
<p>Oak Electric Service Inc. THOMAS HOPPE 36484 300th Ave. Melrose, MN 56352 320-837-5853</p>	<p>Hennen Floor Covering, Inc. FREEPORT</p>	<p>Munson Feed Company, Inc. Manufacturers of Box 184, Melrose, MN 56352 Pete Jr., Mike, Josh Terres and employees Business Phone 256-4219 Livestock and Poultry Feeds</p>	<p>revermann lund ross Estate Planning Probate Business Real Estate Employment Melrose 320.256.4205 Waite Park 320.258.9383 rlrlegal.com</p>		
<p>WHEELS WATER SERVICE 37276 County Road 13 PO Box 233 Melrose, MN 56352 320-256-4146 JAMMIE WIELING</p>	<p>Independent Monument Consultant Courtney Indieke 320-293-6518 courtneyindieke@gmail.com</p>	<p>• Licensed • Bonded • Insured Electrical Contracting Free Estimates MELROSE ELECTRIC, INC. MEMBER OF MINNESOTA ELECTRICAL ASSOCIATION 119 8th Ave. W (320) 256-3846 PO Box 234 (320) 256-7359 Melrose, MN 56352 Fax (320) 256-4240</p>	<p>ADVERTISE HERE</p>	<p>MELROSE MUTUAL INSURANCE COMPANY "Neighbor helping Neighbor since 1901" Stacy Schiffler, Manager 303 Main Street East Melrose, MN 56352 256-7290 www.melrosemutual.com</p>	<p>MELROSE IMPLEMENT INC. NEW HOLLAND AGRICULTURE Sales - Parts - Service Phone 256-4253 - Melrose, MN www.melroseimplement.com</p>
<p>Tree of Life ASSISTED LIVING OF NEW MUNICH Offers 24-hour customized assisted living, private rooms, activities, and adult daycare. Call 320-837-5100 for a tour.</p>	<p>WORMS Lumber & Ready Mix, Inc. All your building needs in one place!</p>	<p>Atkinson Well & Pump Ltd. "Serving you since 1942" Service you can count on 365 days a year (320) 836-2597 Rodney Atkinson Ben Atkinson</p>	<p>BELGRADE CO-OP AGRONOMY PROPANE REFINED FUELS Office locations in Belgrade & Melrose 320-254-8231</p>	<p>DAN SCHMIDT PRINTING AND DESIGN SERVICES SINCE 1985 DSPI PRINTING, INC. 302 East Main Street Melrose, MN 56352 320.256.3700 dsprint@meltel.net</p>	
<p>RAHN'S OIL & PROPANE FUEL WITH MUSCLE God Bless our Parish Families!</p>	<p>Cornerstone ag services Our focus is crop insurance. ~ Dana Kerfeld ~ 5 Central Ave. N • St. Stephen, MN 56375 (320) 257-CROP (2767) Cornerstone ag services Our focus is crop insurance.</p>	<p>ADVERTISE HERE</p>	<p>MAYERS, INC. MELROSE, MN 256-4479 Excavating, Water, Sewers, Site Prep., Basements, Sand, Gravel</p>	<p>For All Your Building Needs Frericks Construction Inc. Melrose, MN Lic. #BC-20457080 Jim 249-7404 Russell 290-5669</p>	<p>MELROSE 1 STOP SERVICE CENTER CAR WASH TRUCK WASH God Bless America!</p>
<p>Famo feeds</p>	<p>Welcome HOME to Brenny Your TRUCKING Career starts HERE! Call Cara! 320.363.6999 WWW.BRENNYTRANSPORTATION.COM</p>	<p>Hennen LUMBER CO. INC. Freeport, MN 56331 (320) 836-2135</p>	<p>MARTINEZ MEAT & GROCERY 420 E. Main St. - Melrose, MN lulmartinezmeat123@gmail.com 320.256.2363 Productos Mexicanos fax: 320.256.2364</p>		
<p>Engelmeyer LAND SURVEYING Land Surveying • GPS Surveys Plotting • Sub-Division Lot • Acreage • Boundary • ALTA Surveys 320-836-2291 Or Call 320-256-7298 www.engelmeyersurveys.com David A. Engelmeyer, Land Surveyor engelsur@meltel.net 41701 Co Rd 167 • Melrose</p>	<p>• Insurance • Retirement • Planning • Charitable Giving • Credit Union bkraemer@catholicunited.org (320) 493-3957 Catholic United Financial</p>	<p>CAP Enterprises 511 3rd Ave SW Melrose, MN 56352 320-256-3900</p>			